

The Top 15 Domestic Spas

BY SIOBHAN REID | JULY 08, 2020

1. The Pearl Laguna, Laguna Beach, California



PHOTO: TRINA ROBERTS/RICHARD CHANG/COURTESY OF THE PEARL LAGUNA

Score: 96.95

More information: thepearllaguna.com

For years, this boutique retreat in Laguna Canyon, California, has been an insider's secret — a place where tastemakers like designer Lola Rykiel go to reset. But now, more than a decade after opening, the property and its ultra-challenging boot camp are getting their moment in the limelight. Offering stays of a week or longer, the intense retreat is known to deliver results. Luckily, the rigors of the program (think 11-mile hikes, a strict vegetarian menu) are tempered by relaxation-centered activities like daily massages, nutritional guidance, and walks on Laguna Beach, a few minutes away. "I've been to the Pearl Laguna four times and would go more if my schedule allowed," one traveler gushed. "Each time I visit, I come away with a renewed sense of health and well-being that follows me into my everyday life."