

5 Travel Writers Share Their Top Beauty Tips From Around The World

Katherine Parker-Magyar Contributor [Travel](#) Mar 27, 2020

From cities to jungles, I write about culture, travel and adventure.

Is social distancing making you feel [landlocked](#) and uninspired? And is the lack of exposure to the outdoors (and regular working/daylight hours) causing your outer complexion to appear as dull as you feel inside? Usually, at this time of year, weary travelers can escape the dregs of March with a [tropical vacation](#), or a weekend in the mountains. Of course, thanks to the [COVID-19 pandemic](#), international travel is officially an impossibility: Spring Break 2020 was formally canceled for all but the most careless of [snowbirds](#), and a jaunt to the islands is out of the question. So, what's a conscientious (yet stir-crazy) citizen to do? Well, luckily for restless readers everywhere, we have the perfect solution to combat these quarantine-induced doldrums.



Temecula Valley, CA RON AND PATTY THOMAS / GETTY IMAGES

Temecula Valley, California: Grape Seed Oil

As a travel/beauty writer, I'm always on the hunt for beauty secrets passed down through generations that actually work. After a recent trip to the South Coast Resort & Winery Grapeseed Spa in [Temecula Valley](#), I learned about the fantastic benefits of Grape Seed Oil, a by-product of winemaking. Plant-based oils have been scientifically proven to moisturize the skin and with a low comedogenic rating, meaning it won't clog your pores, you'd be hard-pressed to find a better multi-tasking oil than Grape Seed. Full of antioxidants, vitamin E, and essential fatty acids I apply this miracle oil to my body after I shower, use it to remove makeup before cleansing, and add it to the ends.

—[Merissa Principe](#), Travel & Beauty Writer